



# Recreation Center **October 1-31, 2015** Pool Schedule

While classes are in session,  
the pool & the whirlpool are NOT available for general use.  
Times and dates for October classes are listed below.

**(Classes listed in RED FONT REQUIRE ENROLLMENT)**

SUN	MON	TUE	WED	THU	FRI	SAT
	8:00-9:00am	6:30-7:30am		6:30-7:30am		
	AQUACISE	AQUACISE		AQUACISE		
9:30-10:00 am	9:00-10:00am	7:30-8:30am	8:00-9:00am	7:30-8:30am	8:00-9:00am	8:00-9:00am
Parent Tot Swim (Oct 18- Nov 22)	AQUACISE	AQUACISE	AQUACISE	AQUACISE	AQUACISE	AQUACISE
10:30-11:30am	10:30-11:30am	8:30-9:30am	9:00-10:00am	8:30-9:30am	9:00-10:00am	
AQUA ZUMBA	NISRA	AQUACISE	AQUACISE	AQUACISE	AQUACISE	
	2:00-3:00pm		10:00-11:00 am		10:00-11:00am	
	AQUA ARTHRITIS CLASS		WATERBALL		WATERBALL	
				2:00-3:00pm		
				AQUA ARTHRITIS CLASS		
	6:00-7:00pm		6:00-7:00pm	6:00-7:00pm		
	AQUACISE		AQUACISE	AQUACISE		
			7:15-8:15pm			
			NISRA			